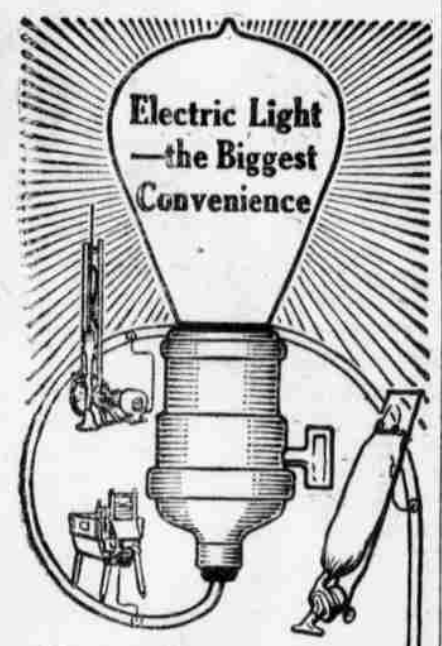


DeSoto Canning and Poultry Club Program of Short Course and Contest to be Held in Arcadia.

Monday, Oct. 16
10-12—Placing girls in homes.
1:30 p. m.—Bread, practice lessons, girls—Miss Condor
2:15 p. m.—Marmalade, Jelly Demonstration—Miss Partidge,
3:30 p. m.—Bread finished.
4:30 p. m.—Social hour.
Tuesday, Oct. 17.
8:30 a. m.—Practice Lesson, Vegetables—Miss Condor,
9:30 a. m.—How to Care for the Sick—Demonstration—Miss Sherman,
10:00 a. m.—Chapel Exercises.
10:30 a. m.—Meats—Demonstration—Miss Harris,
12:00—Lunch. Prepared by girls.
1:15 p. m.—How To Stay Well—Miss Sherman
Care of the Teeth—Dr. Barnett
Feeding Poultry—Miss Floyd
Trip to Poultry Farm.
Second Evening
7:30 p. m.—Chorus—"America"
Club Girls in Uniform.
Sketch of Farm Demonstration.
Sketch of Home Demonstration.
Sketch of Corn Club.
Sketch of Pig Club.
Sketch of Baby Beef Club.
Sketch of Work in DeSoto County—Miss Stribling.
Song—"It's a Great Thing To Be a Club Girl."
Address—Supt. J. O. Bickley.
Address—Capt. G. M. Lynch.



Brilliant light in house and barns at the push of a button. Also power to wash and iron the clothes, clean the floors pump the water and do other hard work. All from the same

Western Electric Farm Lighting Plant

at no expense except to occasionally run your gas engine. Perfectly safe. Practically operates itself. The name guarantees it.
Write for full description and pictures showing it in use

R. L. MORGAN

Punta Gorda, Florida

Colds

should be "nipped in the bud", for if allowed to run unchecked, serious results may follow. Numerous cases of consumption, pneumonia, and other fatal diseases, can be traced back to a cold. At the first sign of a cold, protect yourself by thoroughly cleansing your system with a few doses of

THEFORD'S BLACK- DRAUGHT

the old reliable, vegetable liver powder.
Mr. Chas. A. Ragland, of Madison Heights, Va., says: "I have been using Theford's Black-Draught for stomach troubles, indigestion, and colds, and find it to be the very best medicine I ever used. It makes an old man feel like a young one."
Insist on Theford's, the original and genuine. E-67

ROYAL BAKING POWDER

Absolutely Pure
Made from Cream of Tartar
NO ALUM—NO PHOSPHATE

Wednesday, Oct. 18.
8:30 a. m.—Household Conveniences—Miss Harris.
9:30 a. m.—Record Keeping—Misses Partridge and Floyd and Mr. Herrington.
9:45 a. m.—Balanced Ration—Miss Harris.
A Well Laid Table—Miss Condor.
12:00 M.—Lunch.
Corn Club Work—Mr. Herrington.
Candy Demonstration.
Awarding of Prizes.
Through the influence of C. B. McCall, Traffic Manager, the Charlotte Harbor and Northern Railroad has offered a scholarship in the State College for Women at Tallahassee, to the short course, to be given to a member of the girls canning club of DeSoto county at the discretion of Miss Agnes Ellen Harris, state home demonstration agent. This scholarship includes all expenses of the trip, including board and tuition in Tallahassee. The girl who is so fortunate as to win this scholarship will have a most interesting and helpful trip.

Mrs. Okle Painter Williams, of Jacksonville, has again offered a gold watch to the first prize winner in DeSoto County Canning Club. A similar watch offered by Mrs. Williams was won last year by Miss Vasta Crews of Wauchula.

Mrs. S. J. Hewitt is having erected on her lot back of the Travellers Hotel a six room annex for that hotel. The ground plan is 30 by 36 feet. The rooms will have modern equipments, baths, electric lights etc. Every winter, the Travellers has more guests than it can accommodate with rooms; hence, this annex.

Matt Weeks returned last week from Cleveland, Ohio, and has resumed his former work of running a power boat in the fishing business. He says he likes Punta Gorda "a whole lot" better than Cleveland.

Times are not what they used to be, or there would be a proprietary pill on the market lavishly recommended as a cure for infantile paralysis.

Capt. H. M. Reid, on Monday, favored Nocatee with a visit, which he said was not worth mentioning—that is, the visit, not Nocatee.

Judge Trabue and Chas. H. Gill spent yesterday in Arcadia attending to business of the greatest importance.

Col. Hancock visited Bartow from Monday till Tuesday. He had business in the circuit court there.

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Buy your shoes from the largest mail order shoe house. Get them direct. Save middleman and retailer's profit. Get style, fit and quality. Get prompt shipment. Get shoes that wear, at lowest prices, and put difference in your pocket. In a year it will be considerable.

Wonderful Values
Falcon shoes are real values. Bought in immense quantities and sold at rock bottom prices. You will never find such shoe bargains anywhere. Small profits on quick cash turnover enable us to give you extremely low prices.

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This is your opportunity to buy cheap—You can get shoes for the whole family from granddaddy to the baby, at prices way under the average. You owe it to yourself to investigate this matter thoroughly.

Satisfaction Guaranteed
We absolutely guarantee satisfaction. Your money will be returned instantly if you are not satisfied, and we pay postage charges both ways. You run no risk at all in buying your shoes under our plan.

Special Introductory Offer
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A Women's Black Vici, Plain Toe, Button. Exceptional value.

Big Fall Catalog Sent Free
Our big, catalog containing hundreds of illustrations, complete descriptions and rock bottom prices will be gladly sent free upon request. Send for your copy today.

Agents Wanted
We will pay a commission to any one getting orders for us from among friends. Considerable side income can be made this way. Write for proposition.

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FARM AND GROVE IN FLORIDA

Agricultural News Service University of Florida
College of Agriculture

Rust Mites Lower Fruit Grades

Recent market demands have indicated plainly the course of the citrus grower who is to receive top prices for his fruit. He must produce the kind of fruit that the market demands. Those demands are discriminating more and more against marked or low grade fruit. People want bright fruit and buyers are refusing to take any other as long as the bright is available.

Rust mites produce a great deal of low grade fruit by russetting and by reducing the size. They also damage the trees. The cost of protection will rapidly be repaid many fold, and no grower can afford to leave the mites unchecked.

J. R. Watson, entomologist to the University of Florida Experiment Station, recommends spraying with lime-sulphur as the best remedy. Use one gallon of the commercial lime-sulphur to 60 or 70 gallons of water. This material has proved more effective than the soluble sulphur.

The oil sprays are also used but they are not as good as the lime-sulphur. Soluble sulfur may be used one pound to 50 gallons of oil emulsion. Dry sulfur is also recommended to be dusted into the trees. It will give quick relief, but it probably is not thorough enough for efficient control.

Experiments by the United States Department of Agriculture

showed in one instance that the number of fruits from sprayed trees required to fill a box was 14 percent less than the number required from unsprayed trees. In another instance two cars of fruit, one from sprayed and one from unsprayed trees, were shipped to the same market. The car from the sprayed trees brought \$1.94 a box and that from the unsprayed \$1.69 a box. According to W. W. Yothers of the Department this small margin was more than four times enough to pay for the spraying.

Canker Situation in Critical Stage

The most critical point in any campaign is just when control is promised. People become assured after their first panic, and their interest begins to wane. They are content to allow someone else to do the work and their attention relaxes. Now that progress is being made in the citrus canker campaign, there is evidence of this same relaxing of interest. The fight must be just as rigidly waged from now until the last canker organism in the state is dead, as it was in the beginning. It would only take a few weeks or months at least to allow the disease to reach the point where it was two years ago.

The afternoon and evening of October 18 has been given over to citrus canker discussions at Citrus Seminar, University of Florida.

"THE TROPICAL CITY"

Punta Gorda, Florida

Is An Ideal Place For A TROPICAL HOME

- Located on southern shores of Charlotte Harbor, a deep salt water bay, 80 miles south-east of Tampa on A. C. L. R. R.
- An attractive city of 2000, with rail and water transportation.
- Park addition with sea wall along entire bay front.
- Second largest tourist hotel on west coast.
- One National and one State Bank, 5 churches, 4 hotels, 2 lumber yards and mills, packing house, and full line of stores, shops, etc.
- Electric lights, water works, sanitary sewers, paved streets.
- Unexcelled boating, bathing, fishing and hunting for the sportsman; 5,000,000 lbs. of fish shipped commercially, annually.
- City Dock extending 1/2 mile into the Bay.
- \$200,000.00 being expended for roads and bridges in this District.
- A perfect climate tempered by sea breezes winter and summer. Delightful the year round.
- Health - giving medicinal water from flowing artesian wells. No malaria.
- Richest soils for all kinds of tropical fruits and winter trucking. On account of southern location our products reach the earliest markets.
- Home of the famous Smooth Cayenne Pineapple.
- In the most rapidly developing section of Florida, affording the best opportunities for the Homeowner and Investor and unequalled natural attractions for the Tourist.

We are offering numerous bargains in city and suburban homes, city lots, farm and citrus lands.

...Let Us Know Your Wants...

BLOUNT BR'S.

PUNTA GORDA, FLORIDA.

The Wonderful Avocado

One writer who has made a study of the avocado has contributed a copyrighted article to a northern newspaper on the subject of its value as a food, and gives scientific figures and statements to prove his argument. Mainly, it seems, is the protein value of the avocado as compared with other "stone fruits," the analysis of the edible portion of avocados being given as follows: protein, 8.08 per cent; carbohydrates, 7.39 per cent; and ash 1.26 per cent.

"It is noteworthy," the writer

says, "that the protein content is more than twice as great as that customarily found in stone fruits."

The rbonhydrates are exceedC ly low, while the mineral matter is much greater than found in any other fresh fruit. While the nutritive value of the ash content depends upon the percentage of potassium, calcium, phosphoric acid, iron etc., it is significant that the ash percentage of the avocado is greater than that determined for apples, grapes, blackberries, oranges, pears and plums.

"The striking characteristic, however, is the fat content. An average of 20.1 per cent carries its fat value above the average of the commonly used olive. Most fruits possess low caloric values, ranging from 175 calories to possibly 400 calories per pound. The average of twenty-six varieties of avocados gave a value of 384 calories per pound or more than twice the maximum noted for other fruits. When it is realized that the energy of a pound of sugar is 1,820 calories, while that of lean meat is slightly less than 1,000 calories, it is obvious that the available food energy of the avocado is unusually high."

Obviously Dade county has a "gold mine" in its avocado groves. The fruit—or is it a vegetable?—is becoming more widely known and more in demand all the time, and by the time the young orchards planted this year come into bearing there will be a great market clamoring for the really wonderful fruit.—Miami Metropolis.

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da, Gainesville. This part of the program will be in charge of Wilmon Newell, commissioner to the State Plant Board, and his assistants. Mr. Newell and Frank Stirling will discuss the situation in Florida. Dr. Karl F. Kellerman, assistant chief of the Bureau of Plant Industry, will discuss supplementary spraying for citrus canker. W. T. Swingle, of the United States Department, who went to Japan last year to study canker conditions there, will make a report of his observations. In addition to these speakers, H. E. Stevens, plant pathologist to the Experiment Station; R. A. Jehle, pathologist to the Plant Board; and D. C. Gillett, who has been actively connected with the campaign, will talk on various phases of canker. In the evening a citrus canker conference will be in charge of Mr. Newell also. Exhibits and demonstrations will be held in connection with the afternoon program.

No citrus grower in the state can afford to miss this part of the meeting. Furthermore the whole four days of the Seminar, which begins October 17, will be of vital interest to the citrus industry. Special rates have been granted by the railroads, and expenses in Gainesville will be exceedingly small compared with the good to be obtained from attending the meeting.

The Citrus Seminar at the State University, Oct. 17-21, will close with a big football game on the 21st, which has been designated as "Home Coming Day" when all alumni as well as the general public are urged to be present. Besides the foot-ball game, there will be various other entertainments, which include a banquet at night in the university dining hall. Great preparations have been made to make the day a notable one.

Rheumatism Follows Exposure
In the rain all day is generally followed by painful twinges of rheumatism or neuralgia. Sloan's Liniment will give you quick relief and prevent the twinges from becoming tortures. It quickly penetrates without rubbing and soothes the sore and aching joints. For sore, stiff, exhausted muscles that ache and throb from overwork, Sloan's Liniment affords quick relief. Bruises, sprains, strains and other minor injuries to children are quickly soothed by Sloan's Liniment. Get a bottle today at your druggist, 25c. (Advertisement)

Colored School to Open
The colored public school of Punta Gorda will open Monday, Oct. 30.

We are asking all pupils to be ready to enroll the first day.—B. J. Baker, Jessie L. Brooks, Teachers.

National Rifle Matches.
Civilian marksmen have been invited to participate in the national rifle matches to begin at Jacksonville Fla., October 11, under the auspices of the war department. It was announced that the government of each state had been asked to send one or more teams in addition to those from the National Guard, transportation to be paid by the government for one team or the money divided if a state sends more than one.

After living two years with a broken back, Henry Tolpake, of Eastview, N. Y., is dead. He spent months in a plaster cast after an auto mishap.

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A city famous for its location on Charlotte Harbor at the mouth of Peace river. Largest Shaded Pineapple Farms in America. Fine Artesian Wells. Produces the most profitable winter vegetables for market. Perfect health, good schools and churches. Has fine sewer and water works systems, municipal electric lights and a large investment in other improvements. Sea-wall and fill entire distance of the city on water-front recently completed. Asphalt-paved streets, miles and miles of cement sidewalks. Now is the time to buy and build a home. I have for sale several hundred lots located both within the city limits and beyond. Will sell at reasonable prices. Terms \$10 cash and \$10 per month.

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